



## 5 Protective Factors

When these Protective Factors are well established in a family, the likelihood of child abuse and neglect diminishes. Research shows that these protective factors build family strengths and a family environment that promotes optimal child and youth development.

1. Parental Resilience

2. Social Connections

3 Social & Emotional Competence

4 Knowledge of Parenting & Child Development

5 Concrete Support for Families in Times of Need